

Protection of this magnificent estuary requires vigilance. We welcome your support. All who share a passion for Pleasant Bay are encouraged to become a Friend. We urge you to look at our publications and website www.fopb.org to keep informed about current issues involving the Pleasant Bay Watershed.

ANNUAL MEMBERSHIP FORM

Name: _____

Preferred Mailing Address: _____

City: _____ State: _____ Zip: _____

Winter Telephone: _____

Summer Telephone: _____

E-mail address: _____

Are you a Voter in
 Brewster _____
 Chatham _____
 Harwich _____
 Orleans _____

Membership Categories

Friend of the Bay	\$10.00	___
Bay Steward	\$25.00	___
Bay Environmentalist	\$50.00	___
Bay Conservationist	\$100.00	___
Bay Preservationist	\$250.00	___
Bay Protector	no limit	___

Send your check payable to: *The Friends of Pleasant Bay*
 104 Crowell Road
 CHATHAM MA 02633

• Our membership year is the calendar year •

*The Friends of Pleasant Bay, Inc. is a nonprofit organization
 Your annual contribution is tax deductible*

Welcome to Pleasant Bay

This estuary is a stunning recreational resource that is available to everyone. We hope you use it wisely and learn to love and protect it. The only cost for its use is an obligation to treat it well.

To that end, **The Friends of Pleasant Bay** was organized in 1985 with the mission to "preserve and enhance the natural, visual and historic resources of Pleasant Bay." The organization focuses not only on the Bay itself, but on the entire watershed of the estuary.

Since its founding, the group of some 800 members has been successful in achieving Massachusetts' designation of the Bay as an **Area of Critical Environmental Concern (ACEC)**. Funding by the Friends encouraged preparation of the first "**Resource Management Plan**" for the Bay; a regional resource which requires coordinated management by the surrounding towns. The Friends provide ongoing support for implementation of the Plan by the **Pleasant Bay Resource Management Alliance**. This intergovernmental organization was first formed by the Towns of Chatham, Harwich, and Orleans, with Brewster joining in 2007. The Alliance's activities encompass policy development, public information and scientific research designed to preserve the natural resources and public enjoyment of Pleasant Bay.

Annual membership dues allow the Friends to provide financial support for many projects and local groups. **Educational grants** allow students to explore Pleasant Bay through innovative Science, Art and Humanities Projects. **Scientific grants** support wildlife and coastal processes research. **Recreation and Environmental Activities** such as Pleasant Bay Community Boating, the Pleasant Bay Youth Regatta, Cape Atlantic Challenge, and the Namequoit Sailing Association are all supported by the Friends. All **land preservation acquisitions** on Pleasant Bay since 1985, have also received financial support from the Friends.

Contact us at:
The Friends of Pleasant Bay, Inc.
 104 Crowell Road
 CHATHAM MA 02633
www.fopb.org

Contact the Alliance at:
 P.O. Box 1584
 HARWICH MA 02645
www.pleasantbay.org

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Marine Contact Information

US Coast Guard - Emergency: 508-945-0164
 US Coast Guard - Business: 508-945-3830
 Emergency Hailing: VHF Channel 16
 US Coast Guard Chatham Website
www.uscg.mil/d1/units/gruw/stachatham

Harbormasters

Chatham: 508-945-5185
 Harwich: 508-430-7532
 Orleans: 508-240-3755

Sailing Clubs

Chatham Yacht Club: 508-945-5407
 Namequoit Sailing Association
 PO Box 1851 Orleans MA 02653
 Pleasant Bay Cruising Club: 508-237-8129

Rentals, Lessons, Tours

Arey's Pond Sailing School: 508-255-7900
 Beachcomer Tours: 508-945-5265
 Goose Hummock Shop Rentals: 508-255-2620
 Mass Audubon Society Tours: 508-349-2615
 Nauti Jane's Rentals - Wequasset Inn: 508-432-7079
 Pleasant Bay Community Boating: 508-945-SAIL

Pump Out Stations

Chatham: Call Chatham Harbormaster on Channel 16 or 66
 Harwich: Call Harwich Harbormaster on Channel 68 or 66
 Orleans: Nauset Marine East (Meeting House Pond)

Oil Discharge Prohibited

The Federal Water Pollution Control Act prohibits the discharge of oil or oily waste into open or navigatable waters of the United States. Violators are subject to a penalty of \$5,000.

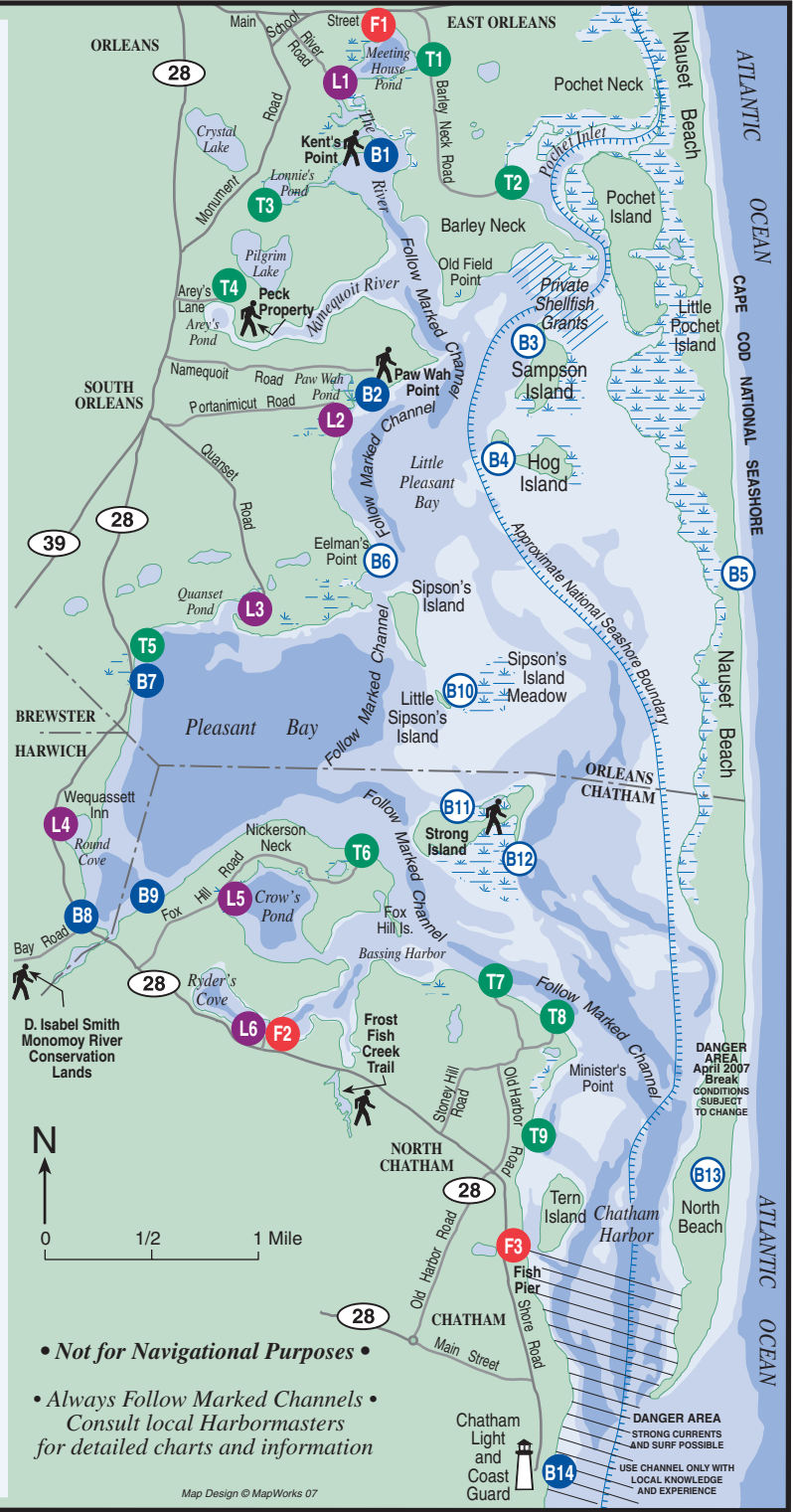
Pleasant Bay Recreation and Resource Guide



Compliments of
The Friends of Pleasant Bay

www.fopb.org

- B Public Beaches**
Pleasant Bay Public Beaches are typically small and without Life Guards. Parking is limited with some accessible only by foot or by boat.
- Orleans: Kents Point (walk in) **B1**
Paw Wah Point (walk in) **B2**
South Orleans Beach **B7**
- Harwich: Head of the Bay Beach **B8**
- Chatham: Jacknife Beach **B9**
Chatham Light Beach **B14**
- B Boat Access Only Beaches**
- Orleans: Sampson Island **B3**
Hog Island **B4**
Nauset Beach **B5**
Eelman's Point **B6**
Little Sipson's Island **B10**
- Chatham: Strong Island **B11,12**
North Beach **B13**
- L Launching Ramps**
Parking at Public Launching Ramps and Town Landings is limited.
- Orleans: River Road **L1**
Portanimitic Road **L2**
Quanset Pond **L3**
- Harwich: Round Cove **L4**
- Chatham: Crow's Pond **L5**
Ryders Cove **L6**
- T Town Landings**
- Orleans: Meeting House Pond **T1**
Barley Neck **T2**
Lonnie's Pond **T3**
Arey's Pond **T4**
South Orleans Beach **T5**
- Chatham: Strong Island Landing **T6**
Cotchpinitic **T7**
Scatteree **T8**
The Cow Yard **T9**
- F Fuel Docks**
- Orleans: Nauset Marine East (Meeting House Pond) **F1**
- Chatham: Ryder's Cove Boat Yard **F2**
Chatham Fish Pier (Aunt Lydia's Cove) **F3**



• *Not for Navigational Purposes* •

• *Always Follow Marked Channels* •
Consult local Harbormasters for detailed charts and information

Local Knowledge for Mariners

- Mariners of all kinds navigate Pleasant Bay, from commercial and recreational fisherman to sailors, kayakers and rowers. Please be respectful of your fellow boaters.
- Power boats of any size should be aware of sailboats and human powered craft at all times.
- Power boats should use extreme caution close to shore and in mooring areas, where swimmers may be present.
- Personal Water Craft (PWC) are prohibited in any part of Pleasant Bay by both Federal Law and State approved Local Laws.
- There are No Wake Zones in ponds, coves, channels and rivers. Compliance is enforced.
- The Channel from Chatham Light to Meeting House Pond is marked with Buoys numbered South to North. It is important to always follow buoy locations as these channels are subject to change.
- Nauset Beach is subject to change. Since a 1987 storm, the entrance to the Pleasant Bay estuary has been through a break opposite Chatham Light. An April 2007 storm caused another break opposite Minister's Point. Boaters should always be aware of changing channels and conditions.
- Surf conditions at the ocean entrance can be severe. All vessels should heed the Rough Bar Warning at the Chatham Coast Guard Station - a quick flashing yellow light which indicates surf of two feet or more. A red light at the Harbormaster's office at the Chatham Fish Pier also indicates High Surf.
- Tides in Pleasant Bay are unusual and do not follow a typical 6 hour cycle. Low Tide in Pleasant Bay comes approximately 7 1/2 hours after High Tide, which follows 4 1/2 hours after Low Tide.
- Mariners should take special care to calculate the tides before venturing out. Many areas may go completely dry even before "dead low."
- The taking of shellfish is permitted, but licences are required. Contact Harbormasters for specific town regulations. Private shellfish grants are marked and should be avoided.

Pleasant Bay by Foot

Protected lands with walking trails provide a special way to enjoy the Pleasant Bay Estuary. Parking is limited and trail conditions vary. Enjoy the views, but avoid poison ivy and deer ticks by always following maintained trails.

"Take only pictures and leave only footprints"

- Orleans: Kents Point Conservation Land**
Frost Fish Lane
Woodland trails and vistas across Lonnie's Pond and the River.
- Peck Property Conservation Land**
Arey's Lane
Woodland trails will lead to the Namequoit River.
- Paw Wah Point Conservation Land**
Namequoit Road
Woodland trails and vistas across Little Pleasant Bay.
- Harwich: D. Isabel Smith Monomoy River Conservation Lands**
Bay Road
Woodland trails and vistas of the Monomoy River. Maintained by the Harwich Conservation Trust.
- Chatham: Frost Fish Creek**
Route 28
Woodland trails overlook estuary wetlands. Maintained by the Chatham Conservation Foundation.
- Strong Island (boat access only)**
Woodland trails and broad water vistas. Maintained by the Chatham Conservation Foundation. (Please respect private home)

The Colonial Ordinances of 1641-47 permit fishing, fowling and navigation in the "private tidelands" of the intertidal area between the high and low tide lines. Please respect private property and do not trespass.

Safety on Land and Water

- Always wear a life jacket. Canoers and kayakers are required to wear life jackets between September 15th and May 15th by Massachusetts State Law.
- Keep off the fragile ecosystems of salt marshes, sand dunes and coastal bluffs.
- Keep clear of areas restricted for nesting birds.
- Keep clear of seals on land or water
- Before shellfishing, always check for possible contamination and area closings.
- Avoid Poison Ivy and always check for Deer Ticks.